

NC&TC Time Trial Timekeeping Duties

The week before you timekeep you will need to collect the signs and timekeeper's bag from the previous week's event. You can check the time and location of this on the time trial calendar . Please make sure that the bag contains two watches, two clipboards, forms and participate numbers (1-40) and that you have all the course signs.

On the morning / evening of the event you will need to set out the signs around the course; course maps can be found here. Every road that comes onto the course needs a 'Cycle Event' warning sign. For safety reasons, please ensure that you wear the high visibility jacket whilst setting up the signs and whilst you sign people on and timekeep.

For each road junction that is passed, you will need a straight on, left, or right directional sign to ensure that the course is clearly marked.

You will need to be back and ready to sign on riders at least 45-60 minutes before the first rider is due to set off.

There are two clipboards in the bag; one is for riders to sign in with their address and emergency phone number, the second is for the timekeepers to record times.

As members sign in they will need to pay £4 if they are a member of a CTT (Cycling Time Trials) affiliated club and £5 if they are a non-CTT member. Please then hand out participate numbers in order and write their name and number on the second clipboard sheet. If it is a two-lap course, please leave the first few spaces for riders doing two laps, as this takes longer.

Once all riders are signed in, assign one person to hold the stopwatch and call out the time as riders pass the finish line, the other person should write down the time and work out the time taken. One person will need to push the riders off.

Please ensure that all riders have a helmet and flashing light on the rear of their bike.

Once all riders have returned, all money and record sheets need to be returned to the next timekeeper.

Rest assured there will be many experienced riders and timekeepers on the day / night who will only be too happy to offer advice as needed.

This information is available as a download if you'd prefer to print it out and have it with you.